



The Lord's Table Bread of Healing

Broken for Healing

The Lord's Supper is a remembrance of what He accomplished on the cross, the fulfillment of Isaiah 53.

Introduction: Bread and wine are two memorial elements of the Lord's Supper. Today we will examine the meaning the 'bread' and how Christ's death purchased both salvation and healing for us.

I. Healing And the Atonement *Isaiah 53:4*

According to *1 Cor 11:24*, the broken body of Jesus is associated with the bread of the New Covenant. And, according to *Isaiah 53* Jesus bore our sicknesses as well as our sins on Calvary.

- a. **Griefs:** *53:4* The word 'griefs' is the Hebrew 'kholee' which means 'sicknesses.' *Deu 7:15* "And the LORD will take away from you all sickness [kholee]..."
See also *Deut 28:61*; *1 Kings 17:17*
- c. **Sorrows:** *53:4* The word 'sorrows' is the Hebrew word 'makob,' and is translated pain in *Job 14:22* "But his flesh will be in pain [makob] over it..." See also *Jer 51:8*.
- d. **Borne:** The word 'borne' is 'nasa' and means to bear in the sense of suffering punishment for something. Verse *53:12* says "and bore [nasa] the sins of many." The Messiah bore our sins vicariously, as our Substitute. Likewise in vs. 4 He bore our sicknesses vicariously, as our Substitute.
- e. **Carried:** The word 'carried' is 'sabal' and also means to bear something as a penalty or chastisement. *Lam 5:7*; *Isa 53:11* says, "He shall bear [sabal] our iniquities. Again—He does this vicariously with both our sins and our pain *Isa 53:4*."
- f. **Literal translation:** Young's LT, "Surely our sicknesses he hath borne, and our pains he hath carried them."
- g. **NT confirmation:** If there could be any doubt with regard to this translation and interpretation, it must be forever removed because of *Matt 8:16-17* [*See sidebar*].

II. Jesus Broken Body *Isaiah 53:5*

- a. **Stripes:** This word means to be 'bruised' and signifies the buffeting, the plucking out of His beard, the nails driven into His hands and feet, the crown of thorns on His brow and the spear thrust into His side.

All of His bodily sufferings were in order that we might be healed.

The Apostle Peter confirms this in *1 Peter 2:24* "Who Himself bore our sins in His own body on the tree, that we, having died to sins, might live for righteousness—by whose stripes you were healed."

III. Healing in the Bread It is important to note that Jesus makes a distinction between the bread and the cup. He wanted us to know that there was a difference in the provisions made by each. As in the Passover, the blood is for redemption and sparing of life, while the body [eating the lamb] was for health and strength of the coming exodus. Many in the Corinthian church were sick and even died because they did not grasp this truth nor the full meaning of the atonement! [*1 Cor 11:29-30*].

1 Cor 11:23-25 (NKJV)

:23 For I received from the Lord that which I also delivered to you: that the Lord Jesus on the same night in which He was betrayed took bread;

:24 and when He had given thanks, He broke it and said, "Take, eat; this is My body which is broken for you; do this in remembrance of Me."

:25 In the same manner He also took the cup after supper, saying, "This cup is the new covenant in My blood. This do, as often as you drink it, in remembrance of Me."

Isaiah 53:3-5 (NKJV)

:3 He is despised and rejected by men, a Man of sorrows and acquainted with grief. And we hid, as it were, our faces from Him; He was despised, and we did not esteem Him.

:4 Surely He has **borne** our **griefs** and **carried** our **sorrows**; Yet we esteemed Him stricken, smitten by God, and afflicted.

:5 But He was **wounded** for our transgressions, He was **bruised** for our iniquities; The chastisement for our peace was upon Him, and **by His stripes we are healed.**

Matthew 8:16-17 (NKJV)

:16 When evening had come, they brought to Him many who were demon-possessed. And He cast out the spirits with a word, and healed all who were sick,

:17 that it might be fulfilled which was spoken by Isaiah the prophet, saying: "HE HIMSELF TOOK OUR INFIRMITIES AND BORE OUR SICKNESSES."